## VIRGINIA GINSENG MANAGEMENT PROGRAM

#### WHAT IS GINSENG AND HOW IS IT USED

Ginseng is a perennial herbaceous native herb that is native to the eastern half of the United States. Its root, which is believed by many to have special medicinal properties, is valuable. It is believed to be a cure for many ills and have strength building qualities. The greatest markets for ginseng are over-seas; most ginseng is exported to Hong Kong for processing and resale.

#### IS WILD GINSENG A THREATENED SPECIES

The status of the plant varies greatly from area to area and at present there is no accurate answer to the question. Because of a long history of exploitation it has never had a chance to become abundant and many people believe the abundance of wild ginseng has diminished in certain areas. In areas where collectors have been especially active for a long time, supplies have diminished slowly to the point where the plants are extremely hard to find.

In 1973 the United States and other countries that collaborated in developing the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES) agreed to certain restrictions on international trade of wild American Ginseng. American ginseng must be accompanied by federal permits when exported. Criteria used by the Management Authority in determining a State program's qualifications for export are that the State has adopted and is following the following measures.

A State ginseng law and regulations that mandate licensing or registration of persons purchasing or selling ginseng collected or grown in that state.

State requirements that these licensed or registered ginseng dealers maintain true and complete records of their commerce in the annually harvested ginseng and provide copies of such records to the State in a signed and dated statement at least every 90 days and a year-end accounting of the total commerce for the year.

Dealer records required to show date of transaction, whether roots and plants were wild or cultivated, it roots were dried or green at time of transaction, weight of roots, state of origin and identification numbers of State certificates used to ship ginseng from the state of origin. The name and address of the seller or buyer of record of the ginseng shall be maintained by the dealer on his\her own copy.

Inspection and certification by State personnel of all wild ginseng harvested in the State shall authenticate that the ginseng was legally obtained within the state.

#### PROTECTING THE SPECIES

If the ginseng industry is to survive in Virginia, collectors and dealers must share certain responsibilities. If they do not, supplies of the plant could become severely depleted and the

business significantly diminished. There are important steps that collectors may take to perpetuate the wild ginseng crop:

Harvest only after the berries have turned red. Individuals are encouraged to delay harvest of wild ginseng root until after September 15<sup>th</sup>. Digging roots when the seeds are green may destroy the population, because immature seeds will not germinate when planted.

Plant the seeds from the plants they harvest at the site of the digging. The species is thus perpetuated in a habitat where it is established. Remember, it takes two years for the seed to germinate and the plant does not flower and set seed for four or five years.

It is critical that only mature plants be harvested to ensure their replacement and long-term survival. Dig only mature plants that have three or more leaves called "prongs" and abundant berries. Ginseng plants typically start producing seeds when plants are 3 to 4 years of age. Most ginseng plants produce three prongs between 5 and 9 years of age. The age of a ginseng plant can also be determined by counting the bud scars on the root. A single bud scar is produced every autumn after the plant's stem falls. To determine a plant's age before removal from the ground simply remove the soil around the area where the plant's stem joins the root to count the bud scale scars.

The U.S. Fish and Wildlife Service issues findings through the Divisions of Scientific Authority and Management Authority to prevent the detrimental harvest of ginseng roots. Ginseng that does not meet export requirements established by USFWS will be unmarketable. Harvesters and dealers should consult with the Office of Plant and Pest Services in the Virginia Department of Agriculture and Consumer Services to determine the current year's export requirements.

#### WHEN DO YOU COLLECT WILD GINSENG ROOT

In Virginia, the collecting season begins August 15 and ends December 31 of each calendar year, except when wild ginseng is dug from one's own land. A landowner-seller declaration form must be completed when wild ginseng is dug from one's own land and sold prior to August 15 for green wild ginseng and September 1 for dried wild ginseng. The purpose of the restriction is to protect wild ginseng from collection until its seeds have ripened and dispersed, helping to guarantee the establishment of new plants in the wild. It is illegal to possess uncertified ginseng that was not taken from one's own land, between April 1 and August 14 of each calendar year.

# WHO MAY DIG WILD GINSENG AND WHERE CAN GINSENG BE COLLECTED

You may dig the plant on your own land. If you dig on another person's land without his permission you are committing a crime that could lead to fine or imprisonment. Digging on most state and federal lands is prohibited unless your have obtained written permission beforehand.

You may dig the plant on some National Forest lands but you will need a permit to do so. In 1994 the Jefferson and Washington National Forest announced a new policy on Ginseng gathering in the national forest. The new policy set the digging season from September 15 to November 30 of each year and designated that only 4-prong or larger ginseng plants could be taken. Concern that over-harvesting of wild plants is harming the indigenous populations has resulted in the prohibiting of digging ginseng on Federal lands. For additional information regarding the collection of wild ginseng on the National Forests and Parks, please contact the National Forest district ranger's office and park officials.

#### **HOW TO COLLECT WILD GINSENG**

To remove the ginseng roots, dig up a clump of soil around the plant about one foot in diameter. Gently remove loose soil, taking care not to break off the "tail" roots. Undamaged, whole roots bring the highest prices. Brush off loose soil, allow the roots to wilt for several days, gently wash of the remaining soil, and slowly air dry them until ready to sell. After digging the roots, squeeze the red berries to break the pulp; plant the seeds 12 or more inches or more apart and 1\2 inch deep in loosely mulched soil at the same site. Cover the area with leaf litter; examine the population occasionally to remove major weeds, but otherwise leave the area undisturbed.

#### WHO MAY BUY WILD GINSENG

Anyone may purchase up to 8 ounces of ginseng in a calendar year. However, individuals or companies purchasing ginseng in Virginia for the purpose of reselling the product must obtain a dealer's license from the Virginia Department of Agriculture and Consumer Services annually. The licensing period is from January 1, through December 31 of each year.

### FOR ADDITIONAL INFORMATION CONTACT

Virginia Department of Agriculture and Consumer Services
Office of Plant and Pest Services
Endangered Species Coordinator
P. O. Box 1163
Richmond, VA 23218
(804) 786-3515
FAX (804) 371-7793

10/06